



## **Breakfast**

### **Traditional Egg Casserole**

*Cubed bread baked with whipped eggs, onions, bell peppers, and melty cheese, with Caribbean seasonings*

### **Egg-Less Casserole (Vegan)**

*An egg-alternative, vegan bread version of the Traditional Egg Casserole*

### **Jerk Chicken or Pork Frittatas**

*Individualized, crustless quiche, with veggies and cheese of your choice*

### **Sweet Potato Biscuits (GF)**

*Fluffy & flaky drop sweet potato biscuits, served with jam and honey butter (on the side)*

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## **Breakfast Meats**

**Bacon**

**Chicken Sausage**

**Setan (bacon alternative))**

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### **Fruit Crudite (Vegan)**

*Assorted Seasonal fruits served with a vegan fruit dip*

### **Fruit Parfait**

Layers of Granola, Greek Yogurt & seasonably available berries



## **Appetizers**

***Minimum of 10 servings***

### **Caribbean Crab Cakes**

*Crab Cakes served with Caribbean sauce and topped with Lemon Aioli and Fresh Chives*

### **Cubano Roll-ups**

*Roasted Pork, Uncured Honey Ham, Creole Mustard, Swiss Cheese, and Pickles  
on a Sundried-Tomato Tortilla*

### **Roasted Artichoke and Wild Mushroom Dip (Vegan)**

*Marinated Artichoke and Garlic Infused wild mushrooms dip made with house made Vegan garlic Aioli  
served with toasted Crostini on the side. Can add Raw Veggies on side for +\$*

***\*Can provide gluten-free crostinis upon request***

### **Caribbean Chicken Wing Bites OR Cauliflower (Vegan) Wing Bites**

*Available in Jerk, Island Rub, Mango-Pineapple, Tamarind or BBQ*

***\*\* Minimum of 25 servings***

### **Caprese Lollipops (V, GF)**

*Organic tomato with Marinated Mozzarella, fresh basil and house made balsamic reduction drizzle*

### **Mini Sliders**

*Pearl Island's protein of choice on an Albemarle Baking Co. (Local) Slider Bun*

***Proteins of Choice: BBQ Chicken, Chicken Salad, Curry Chicken Salad, Pulled Pork, BBQ JackFruit, Caprese***

### **PI Quesadillas**

*Pearl Island's flavorful protein and sauce of choice in a flour tortilla with mozzarella cheese*

***Sauce Options: Creole, Curry, Jerk***

***Protein: Chicken thighs, Chicken Breast, Roasted Pork, Tofu, JackFruit***

### **Grilled Shrimp Kebabs**

*Caribbean Seasoned Shrimp, grilled and served on a skewer*



## **Sides (Vegan)**

### **Rice w/ Pigeon Peas**

*Caribbean Seasoned Rice, capers, olives, roasted red pepper and Pigeon Peas*

### **White Rice**

### **Yellow Rice**

*Turmeric seasoned White Rice*

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### **Collard Greens**

### **Tostones**

*Fried Plantains*

### **Amarillos**

*Ripe Sweet Plantains*

### **Pikliz**

*Spicy Haitian Slaw*

## **Premium Sides**

### **Tropical Fried Rice (Vegan)**

*Turmeric stewed rice with papaya, pineapple, carrots, peas, onions and peppers*

### **Pearl Island Mac and Cheese**

*Macaroni in a Bechamel cheese sauce with sharp cheddar*

### **Roasted Vegetables (Vegan)**

*Oven Roasted Butternut squash, Cauliflower and Brussel Sprouts, olive oil, fresh Italian Herbs*

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## **Salads** (All Vegan)

### **Kale Salad**

*Organic Kale, pan-roasted mushrooms with Pearl Island's Shallot Vinaigrette*

### **Rainbow Salad**

*Organic Baby Greens, Kale and Baby Spinach tossed with English Cucumbers and an Heirloom Tomatoes Serve with a House Made Dressing*

### **Rainbow Slaw**

*Green and Purple cabbage, peppers, red onion, fresh mango, mango chutney and Pearl Island's Slaw Dressing*



## **Caribbean Entrees**

### **Slow Roasted Pork**

Pearl Island's Signature "16 hours of Love" Oregano, Garlic, Lemon Marinade

### **Sous Poulet Chicken**

Haitian-inspired Chicken with Gravy. Epis Marinated Chicken, Sweet and Spicy gravy

### **Curry Chicken**

*Chicken simmered in our delicious Coconut Curry Sauce*

### **Jerk Chicken**

*Chicken simmered in our delicious 6 Spice Jerk Sauce*

### **Curry Tofu (Vegan)**

*Tofu simmered in our delicious Coconut Curry based*

### **Creole Beans (Vegan)**

Red bean, onions, peppers and Pearl Islands Caribbean Seasoning (Vegan)

### **Jerk Tofu (Vegan)**

*Tofu simmered in our delicious 6 Spice Jerk Seasoning*



## **Specialty Entrees**

### **Cajun Chicken**

*Oven Roasted or Grilled, Chicken Thighs (or Leg Quarters)*

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### **Cajun Salmon**

*Marinated Salmon*

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### **Beef:**

#### **Oxtail**

*Our sellout weekly Friday special has made its way to the catering menu. Beef oxtail, pan seared to perfection and oven roasted until tender in a house made bouillon base with carrots, celery and onions*

#### **Ribeye Roast**

*Jerk dry rubbed Ribeye, oven roasted*

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### **Pearl Island Kabobs:**

*Available in Jerk, Cajun, Creole, Curry, Mango-Pineapple or Tamarind flavor*

#### **Veggie (Vegan)**

*Marinated Zucchini, Summer Squash, Mushrooms, Red Onion,  
Red Pepper and Grape tomatoes*

#### **Chicken**

*Marinated Chicken Breast, red onion and peppers*

#### **Shrimp**

*Marinated shrimp with onions and red pepper*



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## **Individual Box Lunches**

### **Hot Lunch Box Options:**

*Full and Half Platters available*

***Half Platters - (4oz of Protein)***

***Full Platters - (6oz of protein)***

*Each platter is served with*

*Rice with Pigeon Peas, Kale Salad, Fried (or Sweet) Plantains w/ Garlic Aioli and Pikliz*

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### **Creole Beans (Vegan)**

*Red beans, onions, peppers, and Pearl Island's Caribbean Seasoning*

### **Curry Tofu (Vegan)**

*Tofu simmered in our delicious coconut curry based sauce*

### **Curry Chicken**

*Chicken simmered in our delicious coconut curry sauce*

### **Jerk Tofu (Vegan)**

*Tofu simmered in our Pearl Island Jerk sauce*

### **Jerk Chicken**

*Boneless chicken, onions, peppers simmered in our Pearl Island Jerk sauce*

### **Slow Roasted Pork**

*Pearl Island's "16 hours of Love" with oregano, garlic and lemon marinade*

### **Sous Poulet Chicken**

*Haitian inspired chicken with . Epis marinated chicken, sweet and spicy gravy*



## **Signature Sandwiches**

### **Cold Box Lunches**

Must order a minimum of 10 per lunchbox type  
All Served with chips and a cookie (or fruit).

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### **Sandwiches and Wraps**

#### **Roasted Turkey**

*Turkey breast seasoned with PI Spice blend, Lettuce, Tomato, and Roasted Red Pepper Spread.*

#### **Chicken Salad Sandwich**

*PI Chicken Salad, Cheese, Lettuce, Tomato, and Spicy Mayo Spread.*

#### **Roasted Chicken Sandwich**

*PI Spiced Roasted Chicken Breast, Cheddar Cheese, Lettuce, Tomato, and Spicy Mayo Spread.*

#### **Barbecue Pulled Pork Sandwich**

*Caribbean Seasoned Slow Roasted Pulled Pork topped with Caribbean coleslaw.*

#### **Cubano Sandwich**

*PI Slow Roasted Pork, Honey Ham, Creole Mustard, and Pickles*





## **Signature Salads Lunches\***

Choice of Marinated Tofu, Roasted Chicken or Roasted Shrimp and your choice of Housemade dressing\*\*

Served buffet style. If individually packaged, add \$1 per serving

All Served with chips and a cookie (or fruit)

*\*Must order a minimum of 10 per lunchbox type*

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### **Kale Salad**

*Organic Kale Salad topped with Garlic Mushrooms*

### **Rainbow Salad**

*Organic Baby Greens, Kale and Baby Spinach tossed with English Cucumbers, colorful Bell Peppers and Heirloom Tomatoes*

#### **Choice of protein:**

- Marinated Tofu
- Roasted Chicken
- Shrimp

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#### **\*\*House Made Vegan Dressings**

*Shallot Vinaigrette*

*Zesty-Lime Vinaigrette*

*Lemon-Honey Vinaigrette*



**Assorted Desserts**

**Minimum 12 per order**

**Must order in quantities of 12**

**Vanilla Flan (24 minimum)**

Traditional Spanish custard

**Vegan Raspberry Truffle**

Vegan Chocolate truffle top with raspberries

**Mini Pecan Pies**

Hand crafted pie shells filled with pecans and topped with fresh whip cream

**Mojito Cupcakes**

Cake infused with lemon, mint and rum topped with a Lemon-Rum buttercream

**Double Chocolate Cupcakes (Vegan+GF)**

**Deluxe Chocolate Chip Cookies**

**Deluxe Chocolate Brownies**

**Fruit Crudite (Vegan)**

Assorted Seasonal fruits